

True Sport – 10 Ideas for Schools

1. Become a True Sport School at truesport.ca. Share your declaration and the True Sport Principles with students and their families. Add a True Sport logo and link on your school's website.
2. Display the True Sport Principles and logo for all to see (e.g., in the lobby, gym, or classrooms). Be creative: design your own True Sport flag or add the logo to your school uniforms.
3. Use your existing communication vehicles to celebrate the True Sport Principles. Add a True Sport page to the yearbook or student planner. Incorporate a True Sport Report into the morning announcements.
4. Create a True Sport bulletin board to announce award winners, display posters, pamphlets and upcoming events.
5. Set up a True Sport student-athlete mentoring program. Combine older and younger students in the playing and teaching of active games and sports. Use True Sport mentors to coach and organize school sport activities.
6. Create a True Sport Challenge, with classrooms competing to increase student participation in intramurals or school clean-up activities.
7. Ensure intramurals appeal broadly to a variety of skill levels and ages.
8. Invite the school council to sponsor an annual True Sport award or bursary to reinforce the True Sport Principles.
9. Hold a True Sport writing, drawing or photography contest to get kids thinking about the True Sport Principles. Create True Sport colouring sheets for younger grades .
10. Create a True Sport award program for students who exemplify the True Sport Principles. Recognize a True Sport player of the game for home and visiting sports teams or intramurals. Invite students to nominate their peers for True Sport athlete of the week/month.

*Go For
It*

*Play
Fair*

*Respect
Others*

*Keep It
Fun*

*Stay
Healthy*

*Give
Back*



TRUE SPORT
lives here